



CROSSFIT 2960

JoinTheEpic.com

JANUARY 2022

MON	TUE	WED	THU	FRI
03 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	04 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	05 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	06 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	07 NO CLASSES
10 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	11 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	12 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	13 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	14 NO CLASSES
17 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	18 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	19 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	20 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	21 NO CLASSES
24 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	25 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	26 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	27 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM	28 NO CLASSES
30 <ul style="list-style-type: none">• 12PM• 5:30PM• 6:30 PM				

*Schedule subject to change. Please visit jointheepic.com/crossfit2960/ for the most current schedule. Epic Members only, CrossFit Upgrade required. Maximum of 20 individuals per class. First come, first serve. Ages 14+