

# Basketball Court Schedule

## Basketball

Monday: 5:30am - 10:00pm

Thursday: 5:30am - 10:00pm

Tuesday: 5:30am - 6:00pm

Friday: 5:30am - 5:30pm

Wednesday: 5:30am - 10:00pm

Saturday: 11:00am - 4:00pm

- North side of the court is for all ages to shoot-around. No pick-up games.
- South side of the court is advised for 12 and older for shooting and pick-up games.
- The Shoot-A-Way is available until 5pm M-F ,but may be taken down early by Epic Staff based on court usage.

## Pickleball

Tuesday: 6:00pm - 10:00pm

- 3 courts available open play games for all ages.

## Volleyball

Friday: 6:00pm - 9:00pm

- 1 court available recommended for 14 and older co-ed open play.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Basketball	Basketball	Basketball	Basketball	Basketball		
7:00am							
8:00am						Volleyball	
9:00am							
10:00am							
11:00am						Basketball	
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm		Pickleball			Volleyball		
7:00pm							
8:00pm							
9:00pm							

Children under the age of 10 must have an adult supervising them in the gym at all times.

# Multi-Purpose Court Schedule

## CrossFit

Mon-Thurs: 12:00pm - 1:00pm | 5:30pm - 6:30pm | 6:30pm - 7:30pm CrossFit Upgrade Required

## Pickleball

Monday: 5:30am - 11:30am      Thursday: 8:00pm - 10:00pm  
 1:30pm - 5:00pm      Friday: 5:30am - 5:00pm  
 Wednesday: 5:30am - 11:30am      Saturday: 11:00am - 4:00pm  
 1:30pm - 5:00pm

- 3 courts with open play pick-up games for all ages.

## Badminton

Monday: 8:00pm - 10:00pm      Thursday: 5:30am - 11:30am  
 Tuesday: 5:30am - 11:30am      1:30pm - 5:00pm  
 1:30pm - 5:00pm      Saturday: 11:00am - 4:00pm

- 3 courts with open play for all ages.

## Volleyball

Tuesday 8:00pm - 10:00pm  
 Friday: 6:00pm - 9:00pm

- 1 court available recommended for all ages.

## Spikeball

Wednesday: 8:00pm - 10:00pm

- 3 Spikeball courts available for all ages.

## GaGa Ball

Monday: 5:30pm-7:00pm  
 Thursday: 5:30pm-7:00pm

- Open play recommended for ages 12 & under.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Pickleball	Badminton	Pickleball	Badminton	Pickleball		
7:00am							
8:30am						Pickleball	
9:00am							
10:00am							
11:30am							
12:00pm	CrossFit	CrossFit	CrossFit	CrossFit			Badminton
1:30pm	Pickleball	Badminton	Pickleball	Badminton			
2:00pm							
3:00pm							
4:00pm							
5:00pm							
5:30pm	CrossFit (N.)	CrossFit (N.)	CrossFit (N.)	CrossFit (N.)	Volleyball		
	Karate (S.)	GaGa Ball (S.)	Karate (S.)	GaGa Ball (S.)			
7:30pm							
8:00pm	Badminton	Volleyball	Spikeball	Pickleball			
9:00pm							